

PSHE and RSE at Horncastle

At Horncastle Primary School, our PSHE (Personal, Social, Health and Economic) and RSE curriculum will teach our children how to become healthy, independent, conscientious, productive and responsible members of society by developing their confidence personally and socially. Children will develop a sense of self-worth and high expectations for their future through a range of lesson tasks and activities, and contributing to whole school life. We also want our children to understand the intricacies of how human beings choose to think, behave, develop and interact. The knowledge, skills and understanding of key topics included in these subjects will enable children to build and sustain happy and positive relationships in the future.

"Be happy, be kind, be wise, but most of all...BE YOU!"

Aims and Purpose

- Develop Self-Esteem, Self-Confidence and Self-Respect
- Promote good emotional and mental wellbeing
- Understand, develop and maintain satisfactory relationships
- Promote healthy choices to help maintain a healthy lifestyle
- Keeping themselves and others safe (online, offline personal and social).

How do we do it?

- Adults in school will act as role models in the classroom and around school by following our school values.
- Children will attend assemblies based on the value for that term.
- Weekly PSHE/RSE lessons will create an environment that allows children to grow in confidence in order to share their thoughts and feelings.
- Links will be made between taught content in PSHE, RSE and other subjects.
- Visitors, as and when appropriate, will include motivational speaking in their talk/ some of their talk to our school values.
- Incorporate children's questions and needs whenever possible.

The fundamentals

PSHE and RSE in the National Curriculum can be summed up this brief but thoughtful statement: we expect schools to use their PSHE/RSE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

Planning

We use the JIGSAW scheme to teach the skills required. This is in line with the recommendations from the DfE. Class teachers follow the lesson plans which merge a style of different teaching strategies. Children will take part in drama-based activities, paired and group discussion, debates and set written/drawing tasks as appropriate to the lesson and age group. Teachers will be aware of religious, cultural and social sensitivities when preparing lessons. Parents will be informed in advance and in accordance with current legislation when sensitive topics such as sex education are being taught. Religious, social and cultural sensitivities will also be considered where appropriate.



Our school values:

- Respect (Term 1 and 2)
- Responsibility (Term 3 and 4)
- Resilience (Term 5 and 6)

Our Strategies:

- PSHE JIGSAW Scheme of Work
- Progressive skills
- Cross-curricular links

How do we support our SEND learners?

- Visual, tactile, auditory and kinaesthetic approaches are used, such as supporting teacher talk with visual aids.
- Alternatives to written recording are offered, e.g. drawing, scribing, word processing, mind maps, digital images, video, voice recording
- Pictures and symbols are used to illustrate abstract, new or sensitive concepts.
- Scaffolding speaking or writing e.g. by using sentence starters, writing, drawing, cloze, matching activities or speaking frames
- Support from pastoral team for children who may be experiencing challenging or sensitive life situations.
- Worry Box in class for children to communicate their worries with adults anonymously.