

RSE at Horncastle

At Horncastle Primary School, it is our aim for all children to grow and develop into mature, healthy, progressive and well-informed adults who feel well equipped to live and thrive in an ever-changing and fast-moving world. We believe that the teaching of Relationships and Sex Education will allow them to understand the intricacies of how human beings choose to think, behave, develop and interact. The knowledge, skills and understanding of key topics included in this subject will enable children to build happy and positive relationships in the future. In addition, they will acquire skills and strategies to stay safe, recognise and report unacceptable behaviour, learn and respect boundaries, make healthy lifestyle choices, how not to yield to peer pressure, and develop a strong sense of self-respect and self-esteem.

“Be happy, be kind, be wise, but most of all...BE YOU!”

Our Aims and Purpose

- Develop Self-Esteem and Self-Respect
- Promote good emotional and mental wellbeing
- Understand, develop and maintain satisfactory relationships
- Promote healthy choices to help maintain a healthy lifestyle
- Keeping themselves and others safe (online, offline personal and social).

How do we do it?

- Teachers will act as role models in their enthusiasm for delivering RSE topics and themes that are age appropriate.
- Teachers will ensure they are well prepared to teach vocabulary and other sensitive topics to all pupils.
- Where possible deliver learning through use of creative and cross-curricular opportunities.
- Encourage children to learn by using a variety of tasks such as debates, discussions, arguments,
- posters, games, talks, visitors, themed days and displays of work.
- Incorporate children’s questions and needs whenever possible.

The fundamentals

- A belief that every child can and will develop a sound sense of self.
- A focus on understanding their own feelings, thoughts and emotions, and how this relates to those around them.
- A well-balanced, spiral curriculum that builds on prior learning.
- A focus on age appropriate terminology and vocabulary so children are less likely to be misinformed.
- Creating an ethos that encourages children to discuss their concerns with a trusted adult- know whom to ask when they need the ‘correct’ information.
- Be confident in ‘staying in charge’ and not yield to peer pressure as they grow older.

Planning

Planning for RSE is derived from the long-term plan created for the whole school which is designed in line with guidance from the DfE to ensure that all themes are covered across all key stages. It is closely linked to other subjects such as PSHE, science, PE and computing and in some cases incorporated into these lessons. Key objectives are included within the respective progression documents to ensure they are taught. Other topics such as mental health and first-aid will be taught with support from outside organisations and through themed days. The objectives are mapped to aid progression. The vocabulary for each theme will be displayed in the classroom with abundant opportunity to familiarise, discuss and learn these. The children will be encouraged to demonstrate their learning through a variety of differentiated tasks. Parents will be informed in advance and in accordance with current legislation when sensitive topics such as sex education are being taught. Religious, social and cultural sensitivities will also be considered where appropriate.



RSE Strategies

- Dedicated RSE Day every year in June.
- Assemblies across school once a term.
- Objectives taught using cross-curricular approach.