

## PSHE at Horncastle

At Horncastle Primary School, our PSHE (Personal, Social, Health and Economic) curriculum aims to teach our children how to become healthy, independent and responsible members of society. Our aim is to help the children grow and develop in confidence personally and socially, as well as understanding what it means to be a member of an increasingly diverse society. They will learn about their rights and responsibilities as children. They will also learn how to take responsibility for their own actions and make informed choices about subjects such as diet, staying safe, and coping with changes in life as well as during puberty. Children will develop a sense of self-worth and high expectations for their future through a range of lesson tasks and activities, and contributing to whole school life.

### Be the best version of you!

#### Strategies:

Weekly lessons with close links with RSE, science, PE and computing.

Termly school value assemblies.

Visiting speakers to link talks to values.



#### Our Aims and Purpose

It is our aim that our pupils will leave Horncastle Primary School at the end of KS2 with the knowledge, skills and attributes they need to manage their lives both now and in the future. This will enable them to stay 'healthy and safe', as they continue their educational journey.

#### How do we do it?

- Adults in school will act as role models in the classroom and around school by following our school values.
- Children will attend assemblies based on the value for that term.
- Weekly PSHE lessons will create an environment that allows children to grow in confidence in order to share their thoughts and feelings.
- Children with specific learning difficulties will be supported during discussions and tasks.
- Links will be made between taught content in PSHE and other subjects.
- Visitors, as and when appropriate, will include motivational speaking in their talk some of their talk to our school values.

#### The fundamentals

A well-balanced, spiral curriculum which revisits key skills.

A belief that every child will become emotionally literate.

A focus on providing useful and transferable skills for wellbeing.

Explicit teaching of PSHE vocabulary.

#### Our school values:

- Respect and kindness
- Trust and honesty
- Aim high
- Teamwork
- Safety

#### Planning

We use the JIGSAW scheme to teach the skills required. This is in line with the recommendations from the DfE. Class teachers follow the lesson plans which merge a style of different teaching strategies. Children will take part in drama-based activities, paired and group discussion, debates and set written/drawing tasks as appropriate to the lesson and age group. Teachers will be aware of religious, cultural and social sensitivities when preparing lessons.